



## Men's Recovery Group

Men's Recovery Group provides peer support for men experiencing Mental Health, Alcohol and Drug or other issues including gambling, relationships, and dealing with anger. The Men's Recovery Group is a peer lead, supportive, nonjudgmental group.

Peer Support Group provides an opportunity for consumers to gain a connection with others who have lived experience of their own (MH/AOD). These groups provide a place to be heard and for you to feel understood by people who may have experienced similar experiences and success in their recovery journey.

This group is open and going where all Men are welcome to join at any time No appointment necessary, just walk on in!

Contact [wellness@whfs.org.au](mailto:wellness@whfs.org.au)  
or call Henri on 0420 543 038



## Men's Recovery Group

Thursdays  
2022

12.30pm to 2pm

Meeting Room  
Ground Floor

Lotteries House  
70 Davidson Tce  
Joondalup

