



Alcohol & Drug Treatment Group

The Alcohol and Drug Treatment Group is a ten-week course of psychoeducational groups designed to offer education and support for those experiencing difficulties with alcohol and / or other drug use.

The group is part of the AOD Treatment Program which offers 1:1 counselling, individual and group support providing information and opportunities for discussion with the aim of developing skills and a better understanding of how to cease or reduce the harm associated with alcohol and / or other drug use.

The Day Treatment Program is free and provides open and ongoing groups so participants can join at any time. Participants of the day treatment program are also encouraged to attend SMART recovery to help support their progress.

No appointment necessary, just walk on in!
Contact wellness@whfs.org.au

or call Karen on 0415 729 877



**Womens
Alcohol & Drug
Treatment Group**

All Welcome

**Friday
12.30-2pm**

**227 Newcastle St
Northbridge**

**Womens Health &
Family Services
www.whfs.org.au**