



Alcohol & Drug Day Treatment Program

The Day Treatment Program is a psychoeducational group designed to offer education and support if you are experiencing difficulties with your alcohol and / or other drug use.

The group will provide information and allow opportunities for discussion with other group participants with the aim of developing skills and a better understanding of how to cease or reduce the harm associated with your alcohol and / or other drug use.

The Day treatment program is an open group /rolling group so participants can join at any time. Participants of the day treatment program are also encouraged to attend SMART recovery to help support their program.

No appointment necessary, just walk on in!

Contact wellness@whfs.org.au

or call Karen on 0415 729 877



womens health
& family services

Alcohol & Drug
Day Treatment
Program

Monday
Thursday
& Friday

During
School Term
2022

Joondalup &
Northbridge

Womens Health
and Family
Services

www.whfs.org.au