



Tuning Into Teens

6-Session Parenting Program

Tuning in to Teens is a 6 week parenting program designed to assist parents to establish stronger relationships with their teenage children.

The program provides parents with a greater understanding of their teen's emotional experiences while teaching specific skills that can assist in being supportive, empathic, and staying connected with the young person.

**To secure a spot, contact Marye or Vanessa on
6330 5400 or KIFintake@whfs.org.au**

**Tuning Into Teens
Parenting Program**

**Wednesdays
10am – 12pm**

**Starting
3 August 2022**

**227 Newcastle St.
Northbridge**

**Womens Health &
Family Services**

www.whfs.org.au

