



Adverse Childhood Events

This workshop will provide practical information to identify and support clients who have mental health issues with physical consequences that can be helped with nutrition and environmental changes. Students Welcome

The Adverse Childhood Events Study has confirmed the lifelong effects of early trauma on the health of individuals. Treatment requires both multi-disciplinary and multi-skilled approaches to provide best outcomes for clients. It is important for professionals to be aware of all the factors affecting a client when someone engages with the health system for one issue, particularly as those with childhood trauma often only seek assistance when health concerns can no longer be ignored.

Facilitator: Dianne Rickman, Womens Health & Family Services

Dianne has a background in nursing and over thirty years of experience as a psychologist using the bio-psycho-social model of health care. She has a special interest, and has had extensive training, in the nutritional and environmental influences on mental health issues.

To Book: <https://www.trybooking.com/BNQTZ>



womens health
& family services

Adverse Childhood Events Workshop

23 February 2021

1.30pm - 4.00pm

227 Newcastle
Street, Northbridge

Cost: \$50 full
\$45 members
\$35 students

Womens Health &
Family Services
www.whfs.org.au

For more information contact
bookings@whfs.org.au