
Medical Services

Female doctors and nurses can help you with women's health issues including:

- Women's health checks
- Sexual Health concerns including STI checks
- Contraception
- Pregnancy
- Unplanned pregnancy
- Continence
- Menopause
- Nutrition



Counselling

Our counsellors can assist you with a range of issues including:

- Mental health
- Alcohol and other drugs
- Stress and coping
- Relationship problems
- Family and domestic violence
- Children, teens, families
- Parenting
- Grief and loss
- Career and education

Community Groups

WHFS offers health and well-being workshops to community groups, health professionals, not-for-profit agencies, businesses and government agencies.

Individual and Group Support

We offer a range of one off and ongoing groups including:

- Support groups
- Group therapy
- Parenting and partner support and programs
- Playgroup
- Social and recreational groups
- Craft and art groups
- Cultural events and activities
- Advocacy and referral

Services are offered in a range of areas including:

- Mental health
- Family and domestic violence
- Alcohol and other drugs (AOD)
- Parenting
- Eating disorders
- Teens
- Children
- Aboriginal specific support
- Migrant and refugee specific report

Education and Training

WHFS offers health and well-being workshops and training to community groups, health professionals, not-for-profit agencies, businesses and government agencies.

A full range of topics is available on our website and topics include:

- Healthy Eating and Exercise
- Stress Management and Mindfulness
- Sexual Health
- First Aid Courses
- Trauma Informed Practice
- Family Domestic Violence Training
- Adolescent Programs (schools and community)
- Hoarding
- Motivational Interviewing
- Other topics on request

For further information on services offered at WHFS refer to our website at www.whfs.org.au



Fees and Charges

- Low fees for pension and health care card holders.
- Medical appointments for health care card holders are bulk billed.
- Medical, counselling and group rooms for hire.

WHFS offers culturally appropriate services for women.

Interpreters available in:

- Migrant and refugee languages
- Aboriginal languages
- Auslan

Please let us know if you need an interpreter.

Creche available.

WHFS has a policy of mutual respect.

All services are provided within the context of a supportive, safe environment.

Gifts to WHFS support women, their children and families from over 80 different nationalities and across all age groups.
Womens Health Care Association Inc
ABN 81 007 269 571 04/17



NORTHBRIDGE

227 Newcastle street, Northbridge WA 6003

PO Box 32, Northbridge WA 6865

Telephone: (08) 6330 5400

Fax: (08) 6330 5499

Email: info@whfs.org.au

JOONDALUP

Joondalup Lotteries House

Suite 6, 70 Davidson Terrace, Joondalup WA 6026

Telephone: (08) 9300 1566

Fax: (08) 9300 1699

Email: infojoondalup@whfs.org.au

FAMILY AND DOMESTIC VIOLENCE

Direct line (08) 9227 5852

Free call: 1800 998 399

Email: info@whfs.org.au

www.whfs.org.au



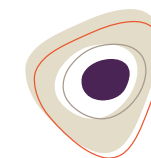
womens health
& family services

ABN 81 007 269 571

Womens Health & Family Services (WHFS) is a not-for-profit service for women and their families in Western Australia.

Client Services

Medical
Counselling
Individual and Group support
Education and Training



womens health
& family services

Supporting and empowering women,
families and communities

ST16245 JULY 2018

www.whfs.org.au