



Trauma Informed Practice and Alcohol and Other Drug Use One Day Training Package

Training Overview:

This one day training event is designed for health professionals and staff who are working with people who have experienced trauma and are using alcohol and other drugs, in a support, advocacy or counselling role. Women's Health and Family Services trainers will be facilitating the day and drawing on their extensive experience in this area to create an engaging, interactive group training session with a key focus on strategies you can use with your clients.

Facilitator: Fiona Reid, Women's Health & Family Services (Director of Strategic Operations)

Fiona is a Master's qualified Family Therapist (M.So.Sc) and has worked in the area of addictions, co-morbidity and trauma with families for over 15 years. She has extensive experience with a diverse range of communities and sectors across Western Australia. Fiona has worked as a sessional lecturer at Edith Cowan University and is an accredited clinical supervisor (counselling) with significant experience as an educator and trainer. She has presented at international, national and local conferences on a range of health and well-being topics and continues to work with a small number of individuals and families (co-counselling) with a particular focus on addictions and intergenerational trauma. In her current role, Fiona oversees a number of programs such as Rural In Reach, Improved Services, Aboriginal Services, Health Promotion, Partners in Recovery and Kids In Focus Program.

Day:	Thursday 26 October 2017
Time:	9.30am - 4.30pm
Location:	The Platform, 3/256 Adelaide Tce, Perth, 6000
Cost:	\$210 per person/\$168 for Members (GST incl)

Registration: Register Here: www.trybooking.com/RWMJ by 19 October 2017

The training consists of 6 modules which will include:

- Alcohol and Other Drug Interventions
- Emotion Management
- Working with Shame
- Boundaries and Effective Communication
- Parenting
- Vicarious Trauma

The package includes:

- One day training by highly qualified facilitators with significant practice experience
- A copy of the manual "Trauma-Informed Treatment Guide for Working with Women with Alcohol and Other Drug Issues" (2012) by A.Marsh, T.Towers & S.O'Toole (valued at \$66). **A special offer with this training**
- An accompanying reader with an overview of each module
- Access to pre-learning video resources and interviews with practitioners relating to each module, and
- Therapeutic Journeys Techniques for Managing Trauma and Drug Use (DVD) (valued at \$199)
A special offer with this training
- Light lunch, morning and afternoon tea.